



Week 1 – Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast & Cereal <i>Allergens – Wheat, Dairy, Barley</i>	Toast & Cereal <i>Allergens – Wheat, Dairy, Barley</i>	Toast & Cereal <i>Allergens – Wheat, Dairy, Barley</i>	Toast & Cereal <i>Allergens – Wheat, Dairy, Barley</i>	Toast & Cereal <i>Allergens – Wheat, Dairy, Barley</i>
Snack	Fruit	Fruit	Fruit	Fruit	Fruit
Lunch	Vegetable Chilli – includes – Onions, Peppers, Celery, Carrots, Beans, Potatoes, Sweet Potatoes, Tinned Tomatoes, Chilli Served with – Rice <i>Allergens - Celery</i>	Spaghetti Bolognese – includes – Mince, Tinned Tomatoes, Garlic, Onions, Peppers, Mushrooms, Mixed Herbs, Passata, Spaghetti Served with – Peas, sweetcorn & French Bread <i>Allergens – Wheat</i>	Salmon Fish Cakes Includes – Salmon, potatoes, lemon, spring onions, egg, breadcrumbs, peas Served with – Sweet Potato & Potato Wedges, Beetroot & Sweetcorn <i>Allergens – Fish, Wheat</i>	Creamy Chicken Pie – includes Chicken, Onions, Mushrooms, Carrots, Green Beans, Sweetcorn, Potatoes Served with – Broccoli & Cauliflower <i>Allergens - Dairy</i>	Sausage & Egg Pie Includes – pastry, eggs, sausages, Served with – New Potatoes, Carrots & Green Beans <i>Allergens – Dairy, Eggs, Wheat, Sulphites</i>
Dessert	Fruit Salad & Yogurt <i>Allergens - Dairy</i>	Pear Crumble & Custard <i>Allergens –Dairy, Wheat</i>	Apple Cake & Greek Yogurt <i>Allergens –Dairy, Wheat</i>	Cornflake Tart & Cream <i>Allergens – Dairy, Wheat</i>	Banana Cake & Chocolate Sauce <i>Allergens – Wheat, Dairy, Eggs</i>
Snack	Cucumber, Peppers, Carrots & Sultanas	Cucumber, Peppers, Carrots & Sultanas	Cucumber, Peppers, Carrots & Sultanas	Cucumber, Peppers, Carrots & Sultanas	Cucumber, Peppers, Carrots & Sultanas
Tea	Spaghetti on Toast <i>Allergens – Wheat</i>	Sandwiches – Selection includes -Egg Mayo, Cheese, Ham, Jam, Tuna Mayo Served with - Crisps & Veg Sticks <i>Allergens – Tuna, Wheat, Egg, Dairy</i>	Tomato & Pasta Bake Includes - Pasta, onions, pepper, passata, tomatoes, cheese Served with – French Bread <i>Allergens –Wheat, Dairy</i>	Pizza baguette Includes – cheese and tomato or ham, cheese and tomato <i>Allergens –Wheat, Dairy</i>	Cheese & Ham Potato Pie Includes -Cheese, Ham, Onions, Potatoes, Tomatoes Served with – Baked Beans <i>Allergens – Wheat, Dairy,</i>
Dessert	Rice Crispie Cakes <i>Allergens - Dairy</i>	Lemon Cakes <i>Allergens – Eggs, Wheat</i>	Jam Tarts <i>Allergens – Wheat</i>	Fruit Scones with butter & jam <i>Allergens – Wheat, Eggs</i>	Selection Of Weeks Desserts <i>Allergens – Wheat, Eggs, Dairy</i>

For All Children with allergies their meals will be made accordingly

Fruit, Yogurt or Sugar Free Jelly can be substituted for puddings on the Menu, please speak to a Room Leader if you would prefer you child to have this