



Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast and cereal <i>Allergens – Dairy, Barley, Wheat</i>	Toast and cereal <i>Allergens – Dairy, Barley, Wheat</i>	Toast and cereal <i>Allergens – Dairy, Barley, Wheat</i>	Toast and cereal <i>Allergens – Dairy, Barley, Wheat</i>	Toast and cereal <i>Allergens – Dairy, Barley, Wheat</i>
Snack	Fruit	Fruit	Fruit	Fruit	Fruit
Lunch	<p style="text-align: center;">Tuna Pasta Bake – includes - Tuna, Pasta, White Sauce</p> <p style="text-align: center;">Served with – Garlic Bread & Peas</p> <p style="text-align: center;"><i>Allergens – Dairy, Tuna, Wheat</i></p>	<p style="text-align: center;">Shepherds Pie – Includes – Potatoes, Onions, Mince, Carrots, Beans, Cheese, Tomato Puree, Gravy</p> <p style="text-align: center;">Served with – Carrots & Broccoli</p> <p style="text-align: center;"><i>Allergens – Wheat</i></p>	<p style="text-align: center;">Chicken & Mushroom Pie – includes – Chicken, Mushrooms, Pastry</p> <p style="text-align: center;">Served with – Mashed Potatoes, Cabbage & Peas</p> <p style="text-align: center;"><i>Allergens – Wheat, Dairy</i></p>	<p style="text-align: center;">Vegetable Curry – Includes Mushrooms, Onions, Cauliflower, Potatoes, Carrots, Green Beans & Peas</p> <p style="text-align: center;">Served with -Rice & Naan Bread</p> <p style="text-align: center;"><i>Allergens – Wheat, Milk</i></p>	<p style="text-align: center;">Meatballs</p> <p style="text-align: center;">Served with -Noodles & Peas</p> <p style="text-align: center;"><i>Allergens – Wheat, Eggs ,</i></p>
Dessert	<p style="text-align: center;">Pear Plan & Ice cream</p> <p style="text-align: center;"><i>Allergens – Wheat, Dairy</i></p>	<p style="text-align: center;">Orange cake & Greek Yoghurt</p> <p style="text-align: center;"><i>Allergens – Wheat, Eggs, Dairy</i></p>	<p style="text-align: center;">Rice Pudding</p> <p style="text-align: center;"><i>Allergens – Dairy</i></p>	<p style="text-align: center;">Jelly and Yoghurt</p> <p style="text-align: center;"><i>Allergens – Dairy</i></p>	<p style="text-align: center;">Mixed Berry Crumble and Cream</p> <p style="text-align: center;"><i>Allergens – Wheat, Dairy</i></p>
Snack	Cucumber, Peppers, Carrots, sultanas	Cucumber, Peppers, Carrots, sultanas	Cucumber, Peppers, Carrots, sultanas	Cucumber, Peppers, Carrots, sultanas	Cucumber, Peppers, Carrots, sultanas
Tea	<p style="text-align: center;">Sandwiches – Selection includes -Egg mayo, Cheese, ham, Tuna mayo</p> <p style="text-align: center;">Served with - Veg Sticks & crisps</p> <p style="text-align: center;"><i>Allergens – Tuna, Wheat, Egg, Dairy</i></p>	<p style="text-align: center;">Sausage & bakes bean casserole</p> <p style="text-align: center;">Served with – French Bread</p> <p style="text-align: center;"><i>Allergens – Wheat, Sulphites</i></p>	<p style="text-align: center;">Spaghetti on Toast</p> <p style="text-align: center;">Includes -Spaghetti, Bread</p> <p style="text-align: center;">Served with -</p> <p style="text-align: center;"><i>Allergens – Wheat</i></p>	<p style="text-align: center;">Cheese & ham Potato Pie</p> <p style="text-align: center;">Includes –Cheese & Potato, Onions & Tomato</p> <p style="text-align: center;">Served with –</p> <p style="text-align: center;"><i>Allergens – Dairy</i></p>	<p style="text-align: center;">Tomato & Pasta Bake</p> <p style="text-align: center;">Includes - Pasta, onions, pepper, passata, tomatoes, cheese</p> <p style="text-align: center;">Served with – French Bread</p> <p style="text-align: center;"><i>Allergens –Wheat, Dairy</i></p>
Dessert	<p style="text-align: center;">Fruit Salad</p> <p style="text-align: center;"><i>Allergens – Wheat, Eggs ,</i></p>	<p style="text-align: center;">FlapJack</p> <p style="text-align: center;"><i>Allergens – Wheat, Eggs ,</i></p>	<p style="text-align: center;">Jelly & Peaches</p> <p style="text-align: center;"><i>Allergens – Wheat, Eggs ,</i></p>	<p style="text-align: center;">Iced Cakes</p> <p style="text-align: center;"><i>Allergens – Wheat, Eggs ,</i></p>	<p style="text-align: center;">Selection of weeks desserts</p> <p style="text-align: center;"><i>Allergens – Wheat, Eggs ,</i></p>

For All Children with allergies their meals will be made accordingly

Fruit, Yogurt or Sugar Free Jelly can be substituted for puddings on the Menu, please speak to a Room Leader if you would prefer you child to have this