



Week 3 - Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast & Cereal Allergens – Wheat, Dairy, Barley	Toast & Cereal Allergens – Wheat, Dairy, Barley	Toast & Cereal Allergens – Wheat, Dairy, Barley	Toast & Cereal Allergens – Wheat, Dairy, Barley	Toast & Cereal Allergens – Wheat, Dairy, Barley
Snack	Fruit	Fruit	Fruit	Fruit	Fruit
Lunch	Vegetable Cakes – includes – Broccoli, courgettes, carrots, spring onions, sweetcorn, eggs, breadcrumbs, flour, baking powder Served with –new potatoes, peas, beetroot, sweetcorn Allergens – Wheat, Dairy, eggs	Tuna & Salmon Fish Pie – Includes - Tuna, Salmon, White Sauce, Potatoes, Sweetcorn, Peas & Onions Served with – Carrots & Green Beans Allergens – Dairy, Fish, Wheat	Roast Gammon Served with – Roast Potatoes, Cauliflower Cheese & Carrots Allergens – Dairy, Wheat	Macaroni Cheese & Ham Served with –Broccoli, Carrots & Bread Allergens – Dairy, Wheat,	Beef Chilli Includes – Beef, Passata, Beans, Chilli Powder, Onions, Peppers Served with – Rice & Peas Allergens – Wheat
Dessert	Fruit Cobbler & Yoghurt Allergens - Wheat, Eggs, Dairy	Rice Pudding Allergens – Dairy	Spotted Dick & Custard Allergens – Wheat, Dairy	Lemon Cake & Yogurt Allergens –Wheat, Dairy Eggs	Pineapple Crumble & Custard Allergens – Wheat, Dairy, Eggs
Snack	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks
Tea	Scotch Broth Includes- Carrots, turnips, onions, celery, leek, pearl barley, peas, stock Served with – French Bread Allergens –Wheat, Dairy	Tomato Pasta Bake Includes - cheese, Passata, Pasta Served with - Bread Allergens – Wheat, Dairy	Cheese & Ham Potato Pie Includes – Ham, Cheese & Potato, Onions & Tomato Served with – Beans Allergens – Dairy	Sandwiches – Selection of 3 Egg Mayo, Tuna Mayo, Cream Cheese & Cucumber, Chicken Served with - Crisps & Veg Sticks Allergens – Tuna, Wheat, Egg, Dairy	Sausage & Beans Served with - Bread & Butter Allergens – Wheat, Dairy, Sulphites
Dessert	Yogurts Allergens - Dairy	Fruit Jelly & Cream Allergens – Dairy	Banana Custard Allergens - Dairy	Stewed Apples & Custard Allergens–Dairy, gluten	Homemade Fruit Salad & Greek Yogurt Allergens –Dairy

For All Children with allergies their meals will be made accordingly

Fruit or Yogurt can be substituted for puddings on the Menu, please speak to a Room Leader if you would prefer you child to have this