



Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday does not attend
Breakfast	Toast and cereal <i>Allergens – Dairy, Barley, Wheat</i>	Toast and cereal <i>Allergens – Dairy, Barley, Wheat</i>	Toast and cereal <i>Allergens – Dairy, Barley, Wheat</i>	Toast and cereal <i>Allergens – Dairy, Barley, Wheat</i>	Toast and cereal <i>Allergens – Dairy, Barley, Wheat</i>
Snack	Fruit	Fruit	Fruit	Fruit	Fruit
Lunch	Sausages Served with – New Potatoes, Carrots & Spinach, Peas <i>Allergens – Wheat, Sulphites</i>	Shepherds Pie – Includes – Potatoes, Onions, Mince, Carrots, Beans, Cheese, Tomato Puree, Gravy Served with – Carrots & Broccoli <i>Allergens – Wheat, Dairy</i>	Chicken & Mushroom Pie – includes – Chicken, Mushrooms, Pastry Served with – Mashed Potatoes, Cabbage & Peas <i>Allergens – Wheat, Dairy</i>	Vegetable Curry – Includes Mushrooms, Onions, Cauliflower, Potatoes, Carrots, Green Beans & Peas Served with -Rice & Naan Bread <i>Allergens – Wheat, Dairy</i>	Tuna Pasta Bake – includes - Tuna, Pasta, White Sauce Served with – Garlic Bread & Peas, Sweetcorn <i>Allergens – Dairy, Tuna, Wheat</i>
Dessert	Mixed berry crumble <i>Allergens – Wheat, Dairy</i>	Banana cake and custard <i>Allergens – Wheat, Eggs, Dairy</i>	Rice Pudding <i>Allergens – Dairy</i>	Raspberry Oatmeal Bars & Yogurt <i>Allergens – Wheat, Dairy</i>	Bread and butter pudding <i>Allergens – Wheat, Dairy</i>
Snack	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks
Tea	Sandwiches – Selection of 3 Egg Mayo, Tuna Mayo, Cream Cheese & Cucumber, Chicken Served with – bunny crisps & Veg Sticks <i>Allergens – Tuna, Wheat, Egg, Dairy</i>	Sausage & Mixed bean casserole Served with – French Bread <i>Allergens – Wheat, Sulphites</i>	Spaghetti on Toast Includes -Spaghetti, Bread Served with - <i>Allergens – Wheat</i>	Cheese & ham Potato Pie Includes –Cheese & Potato, Onions & Tomato Served with – Baked Beans <i>Allergens – Dairy</i>	Sausage and Beans Includes –Sausage, Beans Served with – Bread and butter <i>Allergens – Wheat, Sulphites</i>
Dessert	Poached pears and ice cream <i>Allergens – Wheat, Dairy</i>	Yogurts <i>Allergens – Wheat</i>	Jelly & Peaches <i>Allergens –</i>	Homemade Fruit Salad <i>Allergens –</i>	Banana Pancakes & cream <i>Allergens – Wheat, Eggs, Dairy</i>

For All Children with allergies their meals will be made accordingly

Fruit or Yogurt can be substituted for puddings on the Menu, please speak to a Room Leader if you would prefer your child to have this