



Week 3 – Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Weetabix, Banana & Toast Allergens – Wheat, Dairy	Bagels & Cream Cheese, Rice Snaps Allergens – Wheat, Dairy,	Crumpet, Melon & Malt Wheats Allergens – Wheat, Dairy, Barley	Malt Wheats, Toast & Orange Allergens – Wheat, Dairy, Barley	Cornflakes, Yogurts & Berries Allergens – Wheat, Dairy
Snack	Banana, Pear, Pineapple & Rice Cakes	Rice Cake, Apple, Banana & Plum	Fruit Toast Fingers & Banana	Orange, Pear, Melon & Rice Cake	Cream Cheese Bagel, Kiwi, Apple
Lunch	Vegetable Lasagne Includes –Onion, Tomatoes, Lasagne Sheets, Peppers, Mushrooms, Courgette, Passata, White Sauce Served with – French Bread & Peas & Sweetcorn Allergens – Wheat, dairy	Beef Chilli Includes – Beef, Onions, Peppers, Beans, Chilli Powder Served with – Carrots, Peas Rice, Cheese Allergens - Dairy	Fish Fingers Includes –White Fish, Breadcrumbs Served with – New Potatoes, Green Beans & Beetroot Allergens – Wheat, Fish, Dairy	Chicken & Mushroom Stroganoff Includes – Mushrooms, Peppers, Onions, Garlic Chicken, Yogurt, Milk, Parsley, Tomato Puree Served with – Rice, Broccoli & Carrots Allergens - Dairy	Meatballs Includes - Beef Mince, onions, peppers, stock, passata, tomatoes, courgettes Served with – Noodles, Sweetcorn & Peas Allergens –Wheat
Dessert	Rhubarb & Strawberry Crisp Allergens – Dairy, Wheat, Gluten	Stewed Plum & Yogurt Allergens – Dairy	Baked Cinnamon Apples & Custard Allergens –Dairy, Wheat	Yogurt with Cooked Blueberries Allergens – Dairy	Rice Pudding with Fruit Allergens –Gluten, Dairy
Snack	Beetroot, Savoury Muffins & Pepper	Beetroot Dip, Pepper, Cucumber & Breadstick	Crackers, Cheese & Apple & Cucumber	Bread Stick, Cucumber & Breadstick	Pitta Strips, Tuna Dip, Pepper & Pear
Tea	Cheese & Ham Potato Pie Includes- Potato, Cheese & Mixed Veg Served with – Baked Beans Allergens –Dairy	Tomato & Vegetable Pasta Bake Includes – Pasta, Tinned Tomatoes, Peppers, Onions, Passata Served with – French bread Allergens –Wheat,	Pizza Baguette Served with - Veg Sticks Allergens –Wheat, Dairy	Sandwiches – Chicken, Cheese Served with - Veg Sticks Allergens, Wheat, Dairy	Broccoli & Cheese Soup Served with – Bread Allergens – Wheat, Dairy
Dessert	Banana & Custard Allergens –Dairy, wheat	Fruit Salad Allergens –	Banana & Date Flapjack Allergens – Dairy, wheat	Semolina & Raspberries Allergens – Dairy, wheat	Orange Jelly & Mandarins Allergens – Pork Gelatine
For All Children with allergies their meals will be made accordingly					
MENU IS SUBJECT TO CHANGE					